Some up to date information and resources to help keep you all safe and well.

**Dear Parents and Carers**,

Please find below some up to date Government advice and resources to keep you and your families safe and well during this crisis. I have particularly put this in the Parents section of the website so that you can help your children to access any information or resources that you think would be useful to them.

It was not possible to separate the resources into age groups in the e-bug section so you will be able to guide your children through this if you chose to use it.

There is online training for adults in the Online Learning Platform which may be useful to you although I doubt that you will have time as at the moment, you are being Parents, teachers and for most of you, working from home too!

As you know, we are at school on a rota basis and if you have any questions or there is anything at all that we can help you with, then you can contact us by telephoning the school office.

We look forward to seeing you all soon, either at your Zoom sessions or in reality before very long.

Stay safe and well.

Kind regards

**Sue Jones** 

## Department for Education coronavirus helpline

The Department for Education coronavirus helpline is available to answer questions about COVID-19 relating to education and children's social care. Staff, parents and young people can contact this helpline as follows:

Phone: 0800 046 8687

Opening hours:

8am to 6pm – Monday to Friday

10am to 4pm - Saturday and Sunday

If you work in a school, please have your unique reference number (URN or UK PRN) available when calling the hotline.

## Handwashing advice

It is essential that everyone washes their hands more often, using soap and water for at least 20 seconds. Hand washing with soap employs mechanical action that loosens bacteria and viruses from the skin, rinsing them into the drain. Drying hands afterwards makes the skin less hospitable to the virus. Hand sanitiser can be effective if soap is not available or the situation makes using soap less feasible (i.e. when outside) but using hand sanitiser provides none of the virus-destroying friction that rubbing your hands together and rinsing with water provides.

The latest guidance and video on hand washing can be found at:

https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public

The e-Bug project is led by Public Health England and has a dedicated webpage for learning resources on hand washing and respiratory hygiene.

Resources are currently available for KS1, KS2 and KS3 and can be used in various settings including schools and at home:

https://e-bug.eu/

## Online learning platform to boost workplace skills launched

Free courses are available through the new online platform, the Skills Toolkit. This platform signposts to free, high-quality digital and numeracy courses to help people build up their skills, progress in work and boost their job prospects and confidence whilst at home.

Courses on offer cover a range of levels, from everyday maths and the use of email and social media at work to more advanced training. All courses are available online and are flexible so that people can work through them at their own pace.

The Skills Toolkit can be accessed here:

https://theskillstoolkit.campaign.gov.uk/